

ATHLETE MEDICAL HISTORY QUESTIONNAIRE

Instructions: This form must be completed by a parent/guardian and turned in on the first day of practice.

Athlete Name (first middle last) _____

- | | YES | NO | |
|-----|-----|-----|---|
| 1. | [] | [] | Are you currently under a doctor's care? If so, who and why? |
| 2. | [] | [] | Do you take any medications daily or routinely? Please list below. |
| 3. | [] | [] | Allergic to any medications (aspirin, penicillin, etc)? Please list below. |
| 4. | [] | [] | Allergic to any food or insect? |
| 5. | [] | [] | Any chronic or recurrent illnesses (diabetes, asthma, ulcer, bronchitis, sickle cell anemia)? |
| 6. | [] | [] | Any hospitalizations? |
| 7. | [] | [] | Any illnesses requiring bed rest of on week or longer? |
| 8. | [] | [] | Any surgery? |
| 9. | [] | [] | Any surgery advised and not taken? |
| 10. | [] | [] | Ever had any symptoms of heart problems? |
| 11. | [] | [] | Chest pains? |
| 12. | [] | [] | High blood pressure? |
| 13. | [] | [] | Close relative under 40 to die of heart disease? |
| 14. | [] | [] | Any dizziness, fainting, convulsions, or frequent headaches? |
| 15. | [] | [] | Ever been "knocked out" or had a concussion? |
| 16. | [] | [] | Wear eyeglasses or contact lenses? |
| 17. | [] | [] | Any serious eye injuries? |
| 18. | [] | [] | Wear any dental appliance(braces, retainer, bridge, plates)? |
| 19. | [] | [] | Ever suffered heat exhaustion or heat stroke? |
| 20. | [] | [] | Ever had mononucleosis? If so, month/year? |
| 21. | [] | [] | Any history or enlarged spleen or liver? |
| 22. | [] | [] | Any organ missing other than tonsils (appendix, eye, kidney, spleen, testicle)? |
| 23. | [] | [] | Any history or collapsed lung or tuberculosis? |
| 24. | [] | [] | Any knee injury? |
| 25. | [] | [] | Any ankle injury? |
| 26. | [] | [] | Any neck injury? |
| 27. | [] | [] | Any other joint sprains or dislocations (shoulder, wrist, finger)? |
| 28. | [] | [] | Any broken bones (fractures)? |
| 29. | [] | [] | Any communicable diseases? |
| 30. | [] | [] | Any known reason why this individual should not participate? |

Describe any "YES" answers in detail below. Enter question number before each comment.

Check here if using the back of sheet.

All statements answered in this record are true to the best of my knowledge. I have no abnormality, limitations, or restriction not mentioned in this record. I understand that this information is used to help determine my fitness to participate in athletics.

Student's Signature _____ Printed Name _____ Date _____

Parent/Guardian Signature _____ Printed Name _____ Date _____